

Smoothie bowls \$10.50

Ocean bowl blue spirulina, pineapple, mango. strawberry, blueberry, granola, agave nectar **390 cal**.

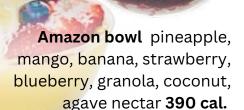




Classic bowl strawberry, blueberry, acai berry, banana, granola, coconut, agave nectar 510 cal.

Protein bowl the classic bowl with peanut butter

blended in 680 cal.



Pitaya bowl pineapple, dragon fruit, banana, strawberry, blueberry, granola, coconut,



Superfood \$10.50 Smoothies



Oceanside

plant protein, banana, strawberry, blueberry, agave, coconut water **344cal**.



Tropi-colada

spinach, pineapple, banana, coconut water, almond butter, chia seed **287cal.**



Muscle up

plant protein, almond butter, peanut butter, agave, coffee, almond milk, banana **349cal**.



Awesomeness

raw cacao, almond butter, agave, cinnamon, banana, almond milk **305 cal.**



Carmel super hero

spinach, plant protein, hemp seed, agave, blueberry, banana, coconut water **473 cal.**



Jazz hands

banana, plant protein, agave, almond milk, coffee **300 cal**.



Banana berry blast

strawberry, pineapple, banana, agave, coconut water **290 cal.**



Golden state

pineapple, banana, agave, coconut water **290 cal**.



Pebble beach

granola, peanut butter, agave, vanilla, cinnamon, banana, almond butter **329 cal.**